Core S&P 500® (IVV)

Balanced Asset

10 Index™

23.00%

43.00%

49.00%

100.00%

5.90%

5.10%

25.00%

44.00%

52.00%

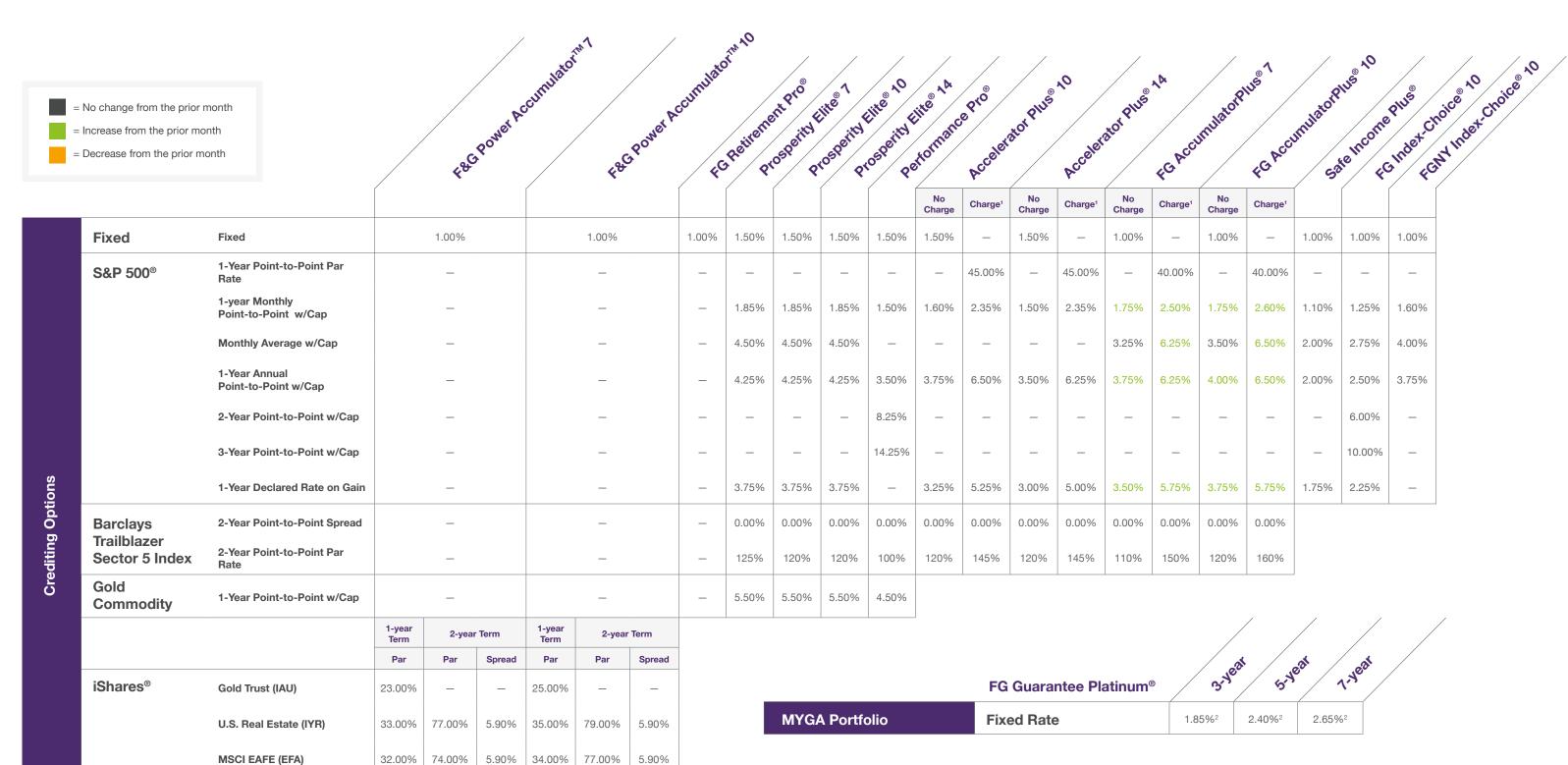
100.00%

5.90%

5.10%

Interest Rate Announcement

Effective May 8, 2020





Value Interest Rate

Fixed Annuity Product Features

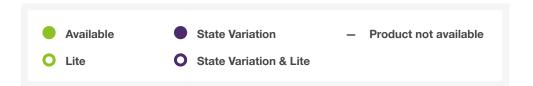
Effective May 8, 2020

			/	Reirement Pro	Prosperity	ilite 1	Prosperity E	ite® 10	Prosperity El	it [©] 1 ^A	ornance Pro	alerator Plus Acco	olerator Plus A	Income Pius	ndex-choice ,	
			40	aet.	Prosper		Prosper		Prosper	Pert	ornit Acc	Acc.	safe safe	ince tel	ide, ten	
			Benefit Base Only	Enhancement Package	Protection Package	Enhancement Package	Protection Package	Enhancement Package	Protection Package					Premium Bonus	Premium Bonus	
Premium Bonus ⁸	Standard	Ages 0-75 (Prosperity Elite Ages 0-70) Ages 76+	4.00%	2.00%	4.00%	3.00%	6.00%	4.00%	7.00%	9.00%	5.00%	6.00%	7.00%	3.00% Up-front bonus		
<u> </u>		(Prosperity Elite Ages 71+)		1.25%	3.00%	1.50%	3.25%	2.25%	3.75%	5.00%	3.25%	3.75%			2.00%	
emit	Lite	Ages 0-75 (Prosperity Elite Ages 0-70)	3.00%	2.00%	4.00%	2.00%	5.00%	_	_	7.00%	3.00%	_	6.00%	2.50%		
g		Ages 76+ (Prosperity Elite Ages 71+)		1.25%	3.00%	1.25%	2.50%	_	_	4.00%	2.25%	_		Up-front bonus		
enefit	Annual Roll-Up Rate		_	_	5.00%	_	5.00%	_	5.00%	2.75% +add-on rate	5.00% Performance factor ⁴	5.00% Performance factor ⁴	6.00%			
а <u>а</u> в		Ages 0-75	4.000/								5.00%	6.00%	7.000/			
drav der der	Income base	Standard Ages 76+	4.00%								3.25%	3.75%	7.00%			
22 년	bonus (All Issue Ages)	Ages 0-75		_	18.00%7	_	18.00%7	_	18.00% ⁷	_	3.00%					
		Lite States Ages 76+	3.00%								2.25%	_	6.00%			
<u>Σ</u>	Rider Fee		0.00%	_	0.90%³	_	0.90%3	_	0.90%³	1.30%	1.15%	1.15%	1.15%			
_ 듄 _		Lump Sum			4.00%5		4.00%5		4.00%5							
nteed n Death t Rider	Roll-Up Rate	Payable Over Time	_	4.00%5	5.00%6	4.00%5	5.00%6	4.00%5	5.00% ⁶							
Guaran Minimum Benefit│	Income-base bonus		_	_	18.00% ⁷	_	18.00% ⁷	_	18.00% ⁷							
M M	Rider Fee		_	0.60%	0.60%³	0.60%	0.60%3	0.60%	0.60%³							
- 10	S&P 500	1-year Monthly Point-to-Point Cap	3.35%				•			1						
Benefit Base Crediting Options		1-year Monthly Average Cap	18.75%													
efiit Ba		1-year Annual Point-to-Point Cap	8.00%													
Ben	Fixed Interest Rate		4.00%													
O	Minimum Benefit		0.500/													

3.50%

Effective May 8, 2020

State Availability



	AK	AL	AR	AZ	CA	co	С	T D	C D	E F	EL G	iA	ні	IA	ID	IL	IN	KS	KY	LA	MA	MD	ME	МІ	MN	МО	MS	МТ	NC	ND	NE	NH	NJ	NM	NV	NY	ОН	ок	OR	PA	PR	RI :	sc	SD	TN	тх	UT	VA	VT	wa v	wı v	w w
Accelerator Plus® 10	0	0	•		0	•	-	-			9				•	•	_				0				0	•	0						0		0	-	0	0	0	0	_		0			0	0		-	0		
Accelerator Plus® 14	_	-		•	_	•	-	-	-	-	10			•	•	•	_			•	_	•	•	•	_	•	_	-		•	•	•	-		-	-	-	-	-	-	-		_			-	-		-	-		
FG AccumulatorPlus® 7	•	•		•	•		-	-			9				•	•				•	•				•	•	•	•				•	•			_					_			•		•				•		
FG AccumulatorPlus® 10	0	0		•	0	•	-	-			D ⁹				•	•				•	0	•	•	•	0	•	0	•		•	•	•	0		0	-	0	0	0	0	_		0	•		0	0			0		
FG Guarantee-Platinum® 3/5/7		•	•		•										•	•					•		•				•	-	•				•		•	-					-			•		•			•	•		
FG Immediate-Income®		-	•		•																•	•					_						•		•	-				-	_					•						
FG Index-Choice® 10	0	0	•		0		-	-			10				•	•	•		•		0	•			0	•	0						0		0	-	0	0	0	0	_		0			0	0			0		
F&G Power Accumulator™ 7	•	•			•		-	-			9			•	•	•			•	•	•	•			•	•	•	_				•	•		•	-	•	•		•	-		•			•	•	_				
F&G Power Accumulator™ 10	0	0			0		-	-		0	9			•	•	•				•	0	•		•	0	•	0	-					0		0	-	0	0	0	0	-		0			0	0	-		0		
FGNY Index-Choice® 10	_	-	_	-	_	_	-	- -		_ -	_ .	-	-	-	-	-	_	_	_	_	_	-	_	_	_	_	_	-	-	-	-	_	-	-	-		-	-	-	-	_	-	-	-	-	-	-	-	-	-	_	- -
FG Retirement Pro®	_	_			0		-	-		-	9				•	•					•	•	•		_	•	_	-	•				0		0	-	0	0	-	-	_		0			0	0		-	_ (
Performance Pro®	•	0			0		-	-			10				•	•	•				0	•			0	•	0					•	0		0	-	0	0	0	0	_		0			0	0			0		
Prosperity Elite® 7/10	0	0	•	•	0		-	-			9			•	•	•	•	•	•	•	0	•		•	0	•	0	•	•			•	0	•	0	-	0	0	0	0	•		0	•		0	0		•	0		
Prosperity Elite® 14	_	-	•		_		-	-	-	-	10				•	•	•		•		_	•			_	•	-	-	•			•	-		-	-	-	-	-	-			-			-	-			-		
Safe Income Plus®	0	0		•	0		-	-			9				_	•			•	•	0	•		•	0	•	0	•					0		0	-	0	0	0	0	_		0			0	0			0		



Disclosures

"F&G" is the marketing name for Fidelity & Guaranty Life Insurance Company issuing insurance in the United States outside of New York, and, in New York only, Fidelity & Guaranty Life Insurance Company of New York. Each Fidelity & Guaranty Life Insurance Company is solely responsible for its contractual commitments.

The "S&P 500 Index" is a product of S&P Dow Jones Indices LLC, a division of S&P Global, or its affiliates ("SPDJI") and has been licensed for use by Fidelity & Guaranty Life Insurance Company. Standard & Poor's® and S&P® are registered trademarks of Standard & Poor's Financial Services LLC, a division of S&P Global ("S&P"); Dow Jones® is a registered trademark of Dow Jones Trademark Holdings LLC ("Dow Jones"). These trademarks have been licensed for use by SPDJI and sublicensed for certain purposes by Fidelity & Guaranty Life Insurance Company. These annuity products are not sponsored, endorsed, sold or promoted by SPDJI, Dow Jones, S&P, their respective affiliates, and none of such parties make any representation regarding the advisability of investing in such product(s), nor do they have any liability for any errors, omissions, or interruptions of the S&P 500 Index.

Barclays Bank PLC and its affiliates ("Barclays") is not the issuer or producer of Fixed Indexed Annuities and Barclays has no responsibilities, obligations or duties to contract owners of Fixed Indexed Annuities. The Index is a trademark owned by Barclays Bank PLC and licensed for use by Fidelity & Guaranty Life Insurance Company ("F&G") as the Issuer of Fixed Indexed Annuities. F&G may for itself execute transactions with Barclays in or relating to the Index in connection with Fixed Indexed Annuities. Contract owners acquire Fixed Indexed Annuities from F&G. and Contract owners neither acquire any interest in the Index nor enter into any relationship of any kind with Barclays upon purchasing Fixed Indexed Annuities. The Fixed Indexed Annuities are not sponsored, endorsed, sold or promoted by Barclays and Barclays makes no representation regarding the advisability of the Fixed Indexed Annuities or use of the Index or any data included therein. Barclays shall not be liable in any way to the Issuer, contract owners or to other third parties in respect of the use or accuracy of the Index or any data included therein.

ICE BENCHMARK ADMINISTRATION LTD. MAKES NO WARRANTY, EXPRESS OR IMPLIED, EITHER AS TO THE RESULTS TO BE OBTAINED FROM THE USE OF THE LBMA GOLD PRICE® AND/OR THE FIGURE AT WHICH THE LBMA GOLD PRICE STANDS AT ANY PARTICULAR TIME ON ANY PARTICULAR DAY OR OTHERWISE. ICE BENCHMARK ADMINISTRATION MAKES O EXPRESS OR IMPLIED WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE FOR USE WITH RESPECT TO THIS ANNUITY PRODUCT.

Disclosure for ETFs:

iShares® and BlackRock® are registered trademarks of BlackRock, Inc. and its affiliates ("BlackRock") and are used under license. BlackRock has licensed certain trademarks and trade names of BlackRock to Fidelity and Guaranty Life Insurance Company ("F&G"). F&G's products and services are not sponsored, endorsed, sold, or promoted by BlackRock, and BlackRock makes no representations or warranties related to such products or services either to F&G or any other person or entity, including but not limited to the advisability of investing in the products of F&G. BlackRock has no obligation or liability in connection with the operation, marketing, trading or sale of the products or services from F&G.

For more information on iShares, see ishares.com.

Disclosure for Balanced Asset 10 IndexTM:

The Balanced Asset 10 IndexTM (the "Index") is the exclusive property of Canadian Imperial Bank of Commerce (Canadian Imperial Bank of Commerce, together with its affiliates, "CIBC"). CIBC has engaged Bloomberg Index Services Limited ("BISL") to maintain and to make certain calculations related to the Index. "Canadian Imperial Bank of Commerce", "CIBC" and "Index" (collectively, the "CIBC Marks") are trademarks or service marks of CIBC. CIBC has licensed use of the Index and the CIBC Marks to Fidelity and Guaranty Life Insurance Company ("F&G") for use in one or more fixed indexed annuities offered by F&G (the "Product(s)"). CIBC is not the issuer of the Products and its sole contractual relationship with F&G is to license the Index and the CIBC Marks to F&G. CIBC developed the Index without considering the needs of F&G or any annuitant. CIBC makes no

representation or warranty, express or implied, regarding the Index or its development and has no responsibilities, obligations or liabilities with respect to the inception, adjustment, maintenance, operation or calculation of the Index.

For more information on the Balanced Asset 10 index, see **indices.cibccm.com/ CIBQB10E**/.

None of CIBC, BISL or any other third-party licensor (collectively, the "Index Parties") to CIBC is acting, or has been authorized to act, as an agent of F&G or has in any way sponsored, promoted, solicited, negotiated, endorsed, offered, sold, issued, supported, structured or priced any Products or provided investment advice to F&G. No Index Party is a fiduciary or agent of any purchaser, seller or holder of any Product, or has made any representation or warranty, express or implied, regarding the advisability of purchasing, selling or holding any Product or the ability of the Index to track corresponding or relative market performance. Purchasers of any Product neither acquire any interest in the Index nor enter into any relationship of any kind whatsoever with any of the Index Parties. No Index Party guarantees the timeliness, accurateness, or completeness of the Index or any data or information relating thereto and shall have no liability in connection with the Index or any data or information relating thereto. No Index Party shall have any liability with respect to any Product, nor any liability for any loss relating to any Product, whether arising directly or indirectly from the use of the Index, its methodology, or otherwise. The selection of the Index as a crediting option under any Product does not obligate F&G to invest annuity premiums in the components of the Index. Any obligation to invest annuity premiums received under the Products are determined solely by F&G.

BLOOMBERG is a trademark and service mark of Bloomberg Finance L.P. (collectively with BISL and their other affiliates, "Bloomberg"). Bloomberg is not affiliated with F&G or CIBC. Bloomberg's association with CIBC is limited to BISL's role to act as the administrator and calculation agent of the Index, which is the property of CIBC. Bloomberg does not guarantee the timeliness, accurateness, or completeness of the Index or any data or information relating thereto and shall have no liability in connection with the Index or any data or information relating thereto.

In calculating the level of the Index, the index methodology deducts a maintenance fee of 0.85% per year, calculated daily. This fee will reduce the level of the Index and thus the amount of interest, if any, that will be credited to any Product. Furthermore, while the volatility control applied by CIBC as part of the index methodology may result in less fluctuation in rates of return as compared to indices without volatility controls, it may also reduce the overall rate of return for products referencing the Index as compared to other indices not subject to volatility controls.

All rates, bonuses and fees are current as of the date of this document and subject to change for new issues at the sole discretion of the company. See Saleslink for current rates. Product availability and features may vary by state as indicated in the State Availability table and on SalesLink.

Annuities that offer bonus interest features may have higher fees and charges, longer surrender charge periods, lower credited interest rates and/or lower cap rates than annuities that do not provide the bonus feature.

Policy form numbers: ACI-1074 (01-15), API- 018 (06-11), ACI- 1018 (06-11), ARI- 1046 (11-12), ARI- 1054 (02-13), ARI- 1040 (11-12), ARI- 1068 (03-14), ARI- 1065 (11-13), ARI- 1039 (11-12); et al. Subject to state availability. Certain restrictions apply.

Form Numbers: API-1018 (06-11), ACI-1018 (06-11), FGL SPDA-MY-F (7-04), NY FPDEIA-10 (09-11), API-1074 (01-15), ACI-1074 (01-15), ARI-1056 (06-13), OM SPIA-C (01-10), OM SPIA (01-10); et. al.

For producers only. Not for use with the general public.

¹The current rider charge is 1.25%.

²FG Guarantee-Platinum[®] 3, 5, 7

Fixed interest rates apply to these products. For FG Guarantee-Platinum® 3, 5, and 7, the interest rate is guaranteed for the first 3, 5, or 7 years respectively.

³Rider charge for Protection Package

The optional Protection Package includes two riders, each with their own separate charge. Both riders are required when purchasing the Protection Package.

The Enhanced Guaranteed Minimum Withdrawal Benefit (EGMWB) Rider charge is 0.90% multiplied by the income base at each contract anniversary. The Enhanced Guaranteed Minimum Death Benefit (EGMDB) Rider charge is 0.60% multiplied by the highest rider guaranteed minimum death benefit amount on each contract anniversary.

These charges are deducted from the account value each contract anniversary until the earliest of:

- surrender
- · annuitization or
- · a death that triggers the benefits

If the policyholder terminates the EGMWB rider before the end of the policy, the charges for that rider will terminate. The EGMWB rider may be terminated after it has been in force 7 years, or if ownership is transferred during the withdrawal period.

⁴Accelerator Plus[®] 10, 14

Income Base is equal to the greater of:

- · 5% annual compound rollup; or
- · Account Value multiplied by the Performance Multiplier.

The Performance Multiplier is equal to 105% at issue and increases by the Performance Factor of 5% annually. At the end of 10 years, the Income Base will be 150% above Account Value, capped at 500% of premiums paid in the first contract year.

GMDB and GMWB Riders for Prosperity Elite 7,10,14

⁵Simple interest lump sum payment

⁶Compound interest benefit paid out over 5 years, for issue ages 71+, benefit will be paid over 10 years.

⁷Income Base Bonus applies to one of two benefit base calculations and may not apply; please see brochure and/or statement of understanding for additional information.

⁸Vesting bonus unless otherwise noted.

State Availability for Florida

9Reduced surrender charges apply to clients age 65+

¹⁰Product available to clients ages 0-64 only